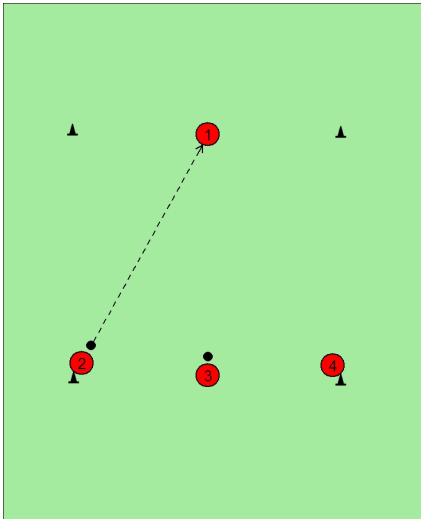




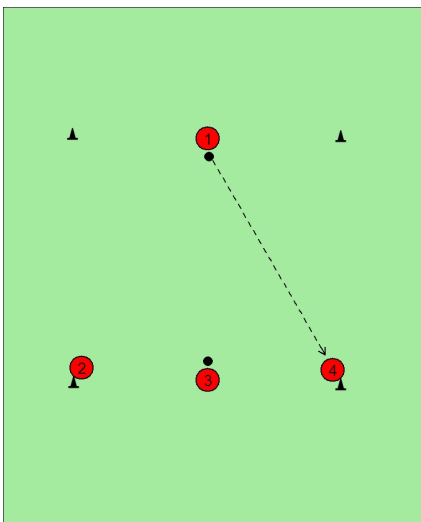
Spare player passing



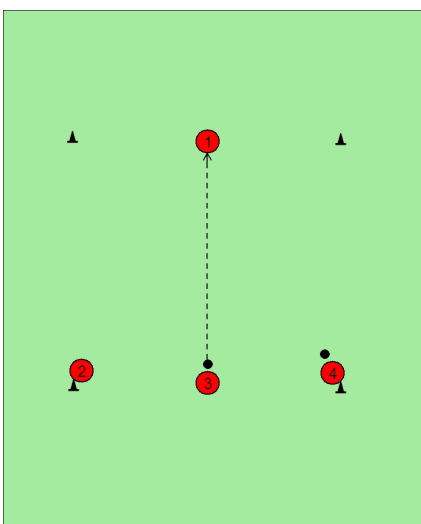
How it works

Three players at one end of the grid, two with balls, face one player at the opposite side of the grid.

Player 2 passes the ball to Player 1.



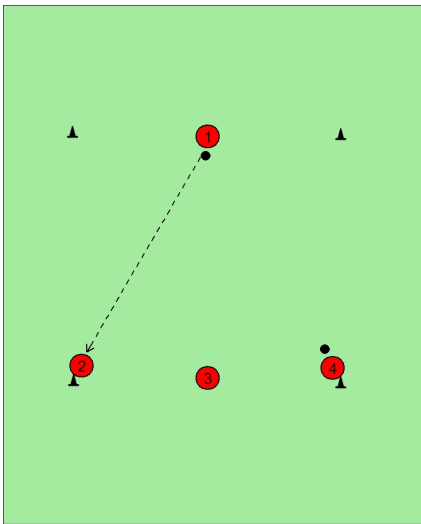
Player 1 passes to Player 4.



Player 3 passes to Player 1.



Grid - passing



Player 1 passes to Player 2.

Practise continues with Player 1 passing to spare player without a ball.

Drill continues with repeated passing and moving sequence.

Challenge to keep passing sequence going with no errors for 30 seconds/1 minute.

Which grid can keep going the longest without an error?

Possible changes

Controlling touch with one foot, pass with the other.

First touch passing only.

Player 1 has to make a run around one of the cones at their end of the grid between passes.