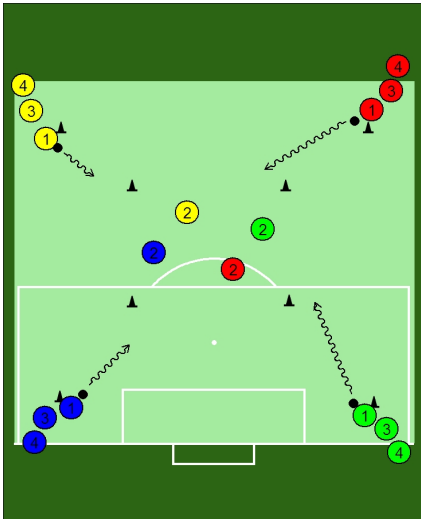




Half pitch - shooting

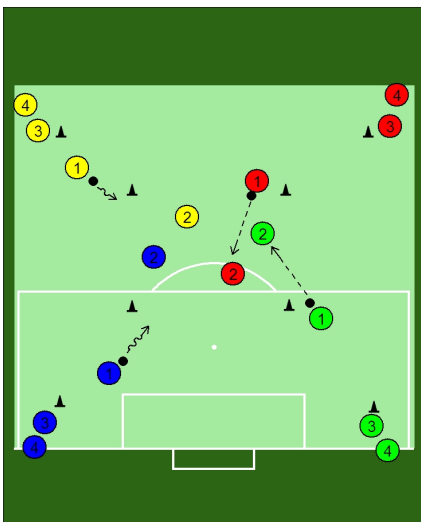
Runaround 2



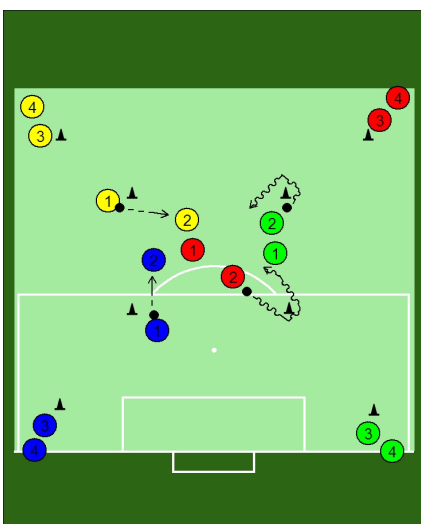
How it works

Four teams of players line up as seen in the diagram.

On a signal from the Coach, Player 1 dribbles the ball towards the middle grid.



Player 1 passes to Player 2 when they get to the edge of the grid.



Player 2 has to dribble the ball around any corner cone.

Player 1 moves into the middle grid ready to receive a pass back from Player 2.

Once Player 2 passes to Player 1 they must sprint back and tag Player 3.

Player 3 must get into the grid ready to receive a pass from Player 1 who has had to dribble around a corner cone.