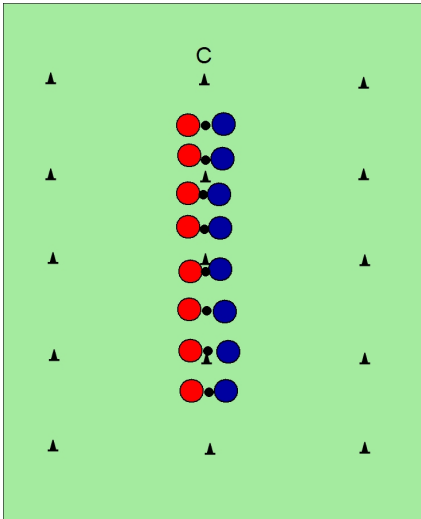




Pirates and buccaneers



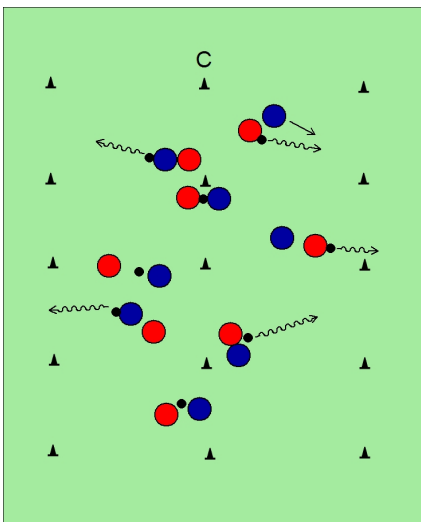
How it works

Two teams stand opposite each other in pairs in the middle of a large playing area.

Each player has the instep of their right foot resting against the ball, so it is trapped between each players foot.

On a given signal from the coach each partner tries to win possession of the ball by pushing against the ball.

Please ensure players have enough space at the start of this game eg. 2/3 metres between each pair.



Each player tries to dribble the ball (get the treasure) across to the opposite side of the playing area where they must stop it just past the sideline.

Players can still win the ball back if their opponent has not reached the safety of the sideline.

Play continues until all pairs have crossed the sidelines.

Players only score a point for their team if the ball is stopped, not if the ball is just kicked over the sideline with no control. (Can set up more cones at the sides to make a channel within which the ball must be stopped).

Repeat several times changing from left to right feet in contact with the ball at the beginning of the game. Keep scores to make it more of a competition.

Possible changes

Change partners after 2/4 rounds.

Number each pair and Coach calls one number at a time for that pair to compete.