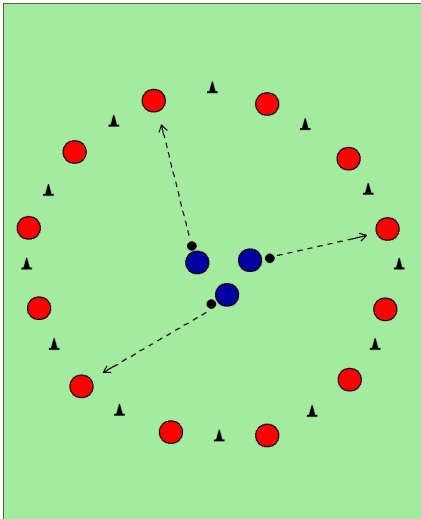


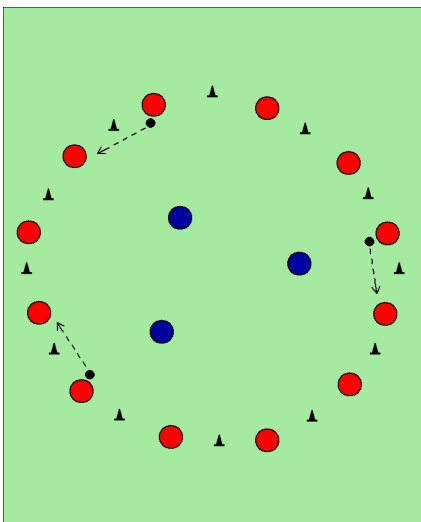


On your toes



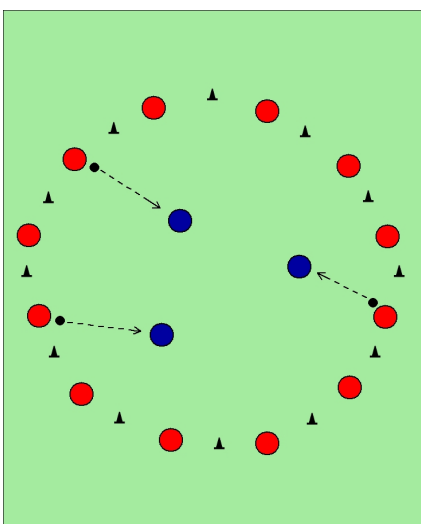
How it works

Blue players in the centre of the circle start by passing the ball to any red player around the outside of the playing area.



Red player receiving the ball then passes to another player who is next to them on the outside of the circle.

Blue player moves towards the outside of the circle ready to receive a pass.



Red player passes back to the blue player inside the circle.

Blue player then moves off and repeats this passing combination somewhere else around the circle.

Possible changes

Red player who receives the first pass can then pass to any other player around the circle. Blue player has to follow the line of their pass to be ready to receive ball back.

Reduce or increase the number of players inside or around the edge of the circle dependent on ability.