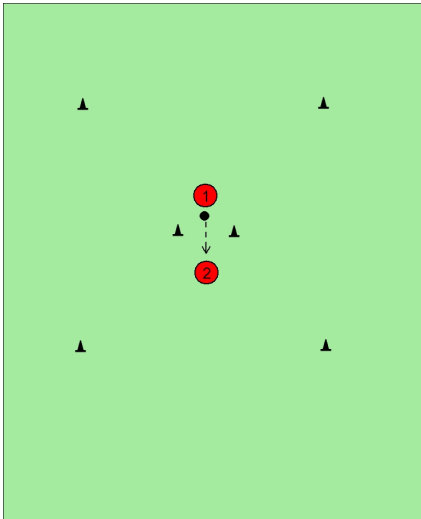




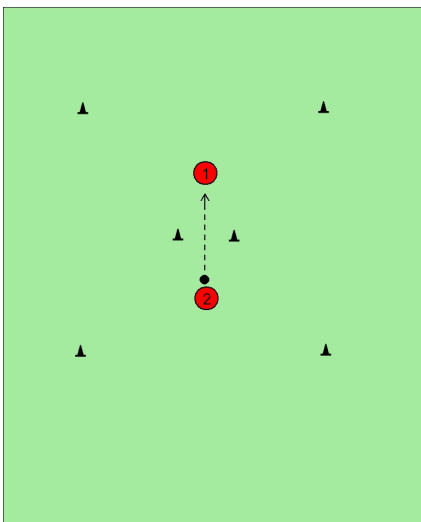
**Eye of the needle**



How it works

Players 1 and 2 stand opposite each other at either side of a cone gate in the centre of a grid.

Both players pass the ball to each other through the 'eye of the needle' (cone gate).



After a set number of passes eg. 5 - 10 both red players take a step backwards and repeat.

If a mistake is made (ball not going through the gate or not stopping the ball) then the players have to take a step in closer to the cones.

Challenge is for the players to get to the edge of the square grid and complete the set number of passes from there.

Possible changes

Limit to one touch before pass or first touch passing dependent on ability.