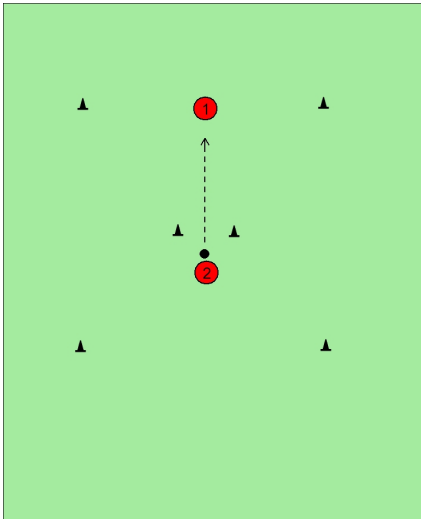




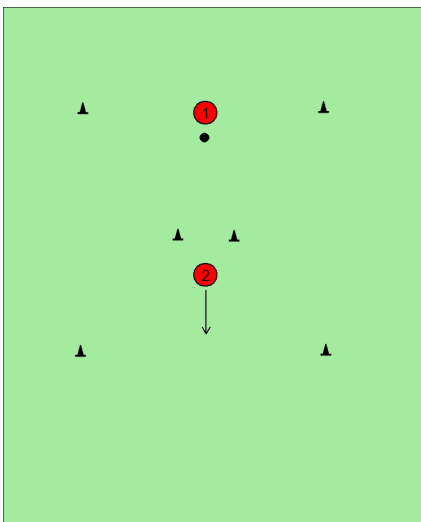
### Eye of the needle 2



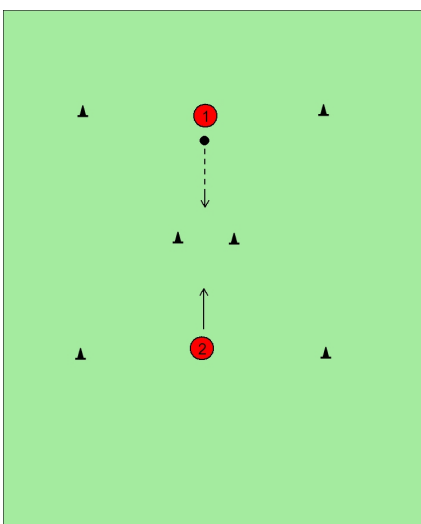
#### How it works

Players 1 and 2 stand opposite each other.

Player 2 passes the ball to Player 1.



Player 1 controls the ball whilst Player 2 runs to the end of the grid, turns and runs back towards the cone gate (or could run backwards to the edge of the grid and then forwards to the gate).



As Player 2 runs towards the middle, Player 1 times the pass to get to them just as they arrive at the cone gate.

Player 2 can take a touch or pass the ball first time. Challenge to complete 5 -10 passes without mistakes. Swap over.

#### Possible changes

Player 1 picks up the ball and feeds in the air for a side-foot volley, header or control and pass from Player 2.