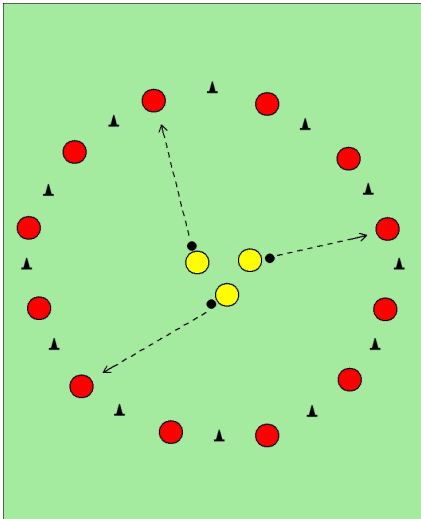


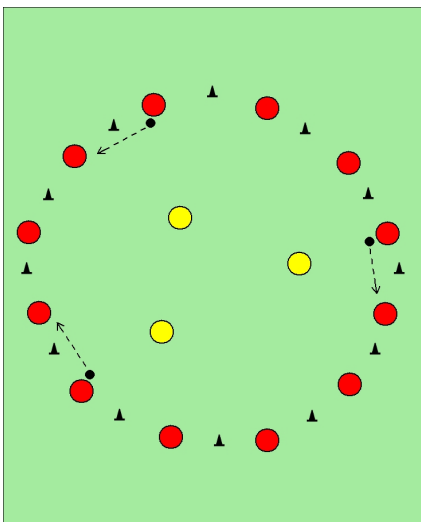


On your toes



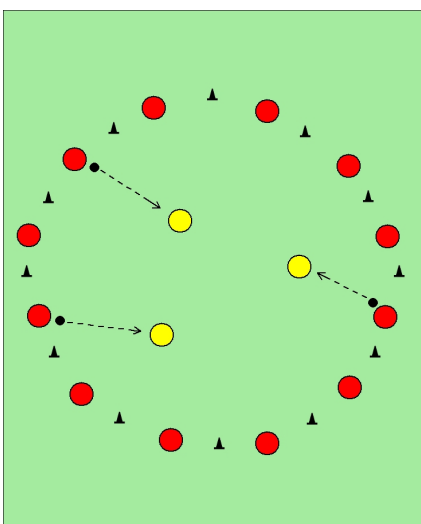
How it works

The yellow players in the centre of the circle start by passing the ball to any red player around the outside of the playing area.



The red player receiving a ball then passes to another player who is next to them on the outside of the circle.

Yellow players move towards the outside of the circle ready to receive a pass.



The red player passes back to the yellow player inside the circle who then moves off and repeats this passing combination somewhere else around the circle.

Possible changes

The red player who receives the first pass can then pass to any other player around the circle. The yellow player has to follow the line of their pass to be ready to receive a return pass.

Reduce or increase the number of players inside or around the edge of the circle dependent on ability.