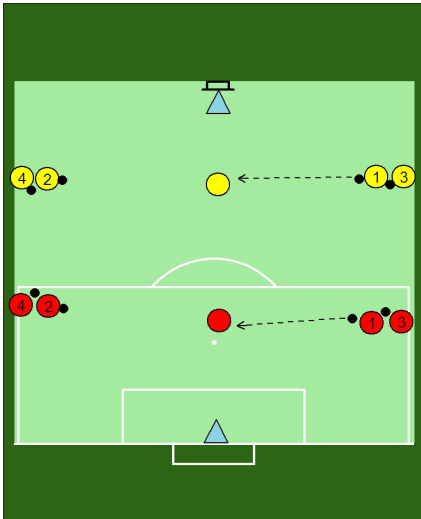




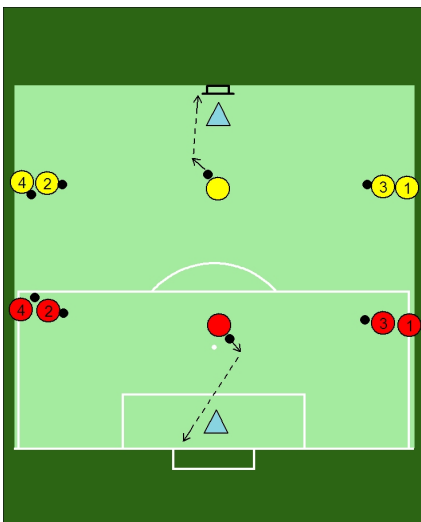
Cross to score



How it works

The two goals need to be of fairly equal size if possible.

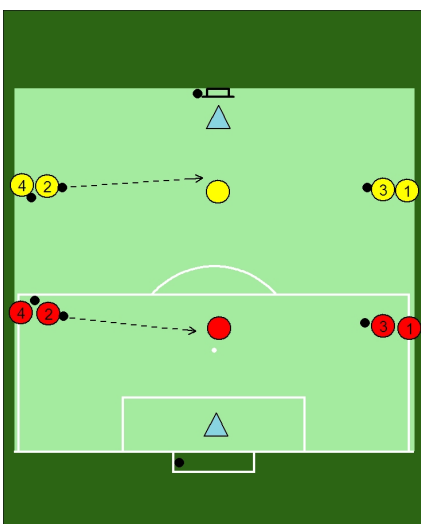
On a signal from the coach, Player 1s pass the ball to the player in front of goal.



That player has one touch to control the ball and must shoot on goal.

As soon as the attempt on goal has been made the player must return to their starting position to be ready for a pass from Player 2.

Player 1 also moves behind Player 3 so they can get ready to pass.



Player 2 then makes the pass for the central player to have another attempt on goal.

Players 3 and 4 then pass in turn to the central player. Player 1 can then take the place of the attacker and that player takes their place at the side. Continue with four scoring opportunities for each player.

Which team or player can score the most goals?

Possible changes

Side players could feed the ball in the air for the central player to control and shoot.

The central player must shoot or head the ball at goal first time without any controlling touches.