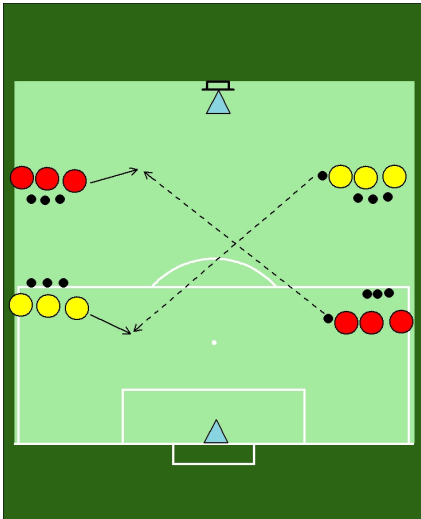




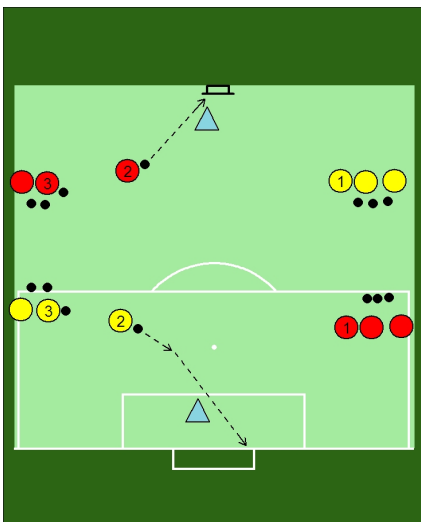
### Far post diagonal ball to score



#### How it works

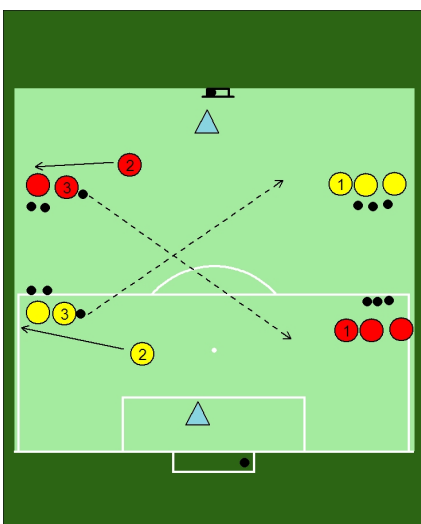
The two goals need to be of fairly equal size.

On a signal from the coach, Player 1s make a long, diagonal, aerial pass towards Player 2.



Player 2 must judge the flight of the ball and control the ball before shooting on goal.

Player 3 gets a ball ready to make the long diagonal pass to Player 1 for them to control and attempt to score.



After the attempt on goal Player 2s rejoin the back of the line.

The two teams can compete against each other by being the first to score 5/10 goals or by scoring the most goals in a set period of time.

#### Possible changes

Teams can start at the same time, as shown in these diagrams, or could alternate turns on a signal from the coach.

The player who receives the long diagonal pass must play the ball back across the penalty area for the player opposite to run onto and attempt to score.