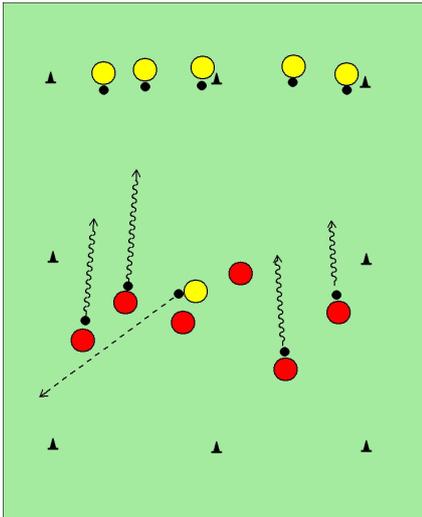




Team crossover



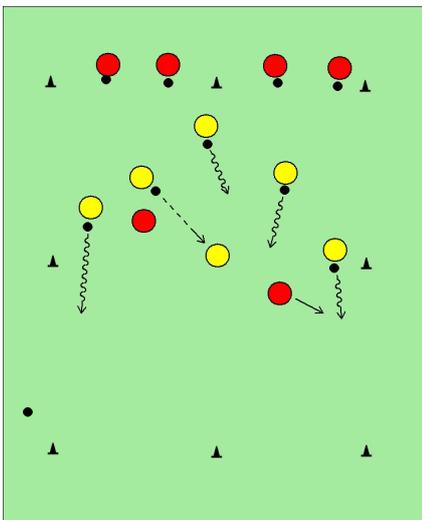
How it works

There are two teams which start at opposite ends of the playing area, each player with a ball at their feet.

One player from each team starts in the middle of the playing area and they do not have a ball.

On a signal from the coach the red team try to dribble to the opposite end without losing control or possession of their ball.

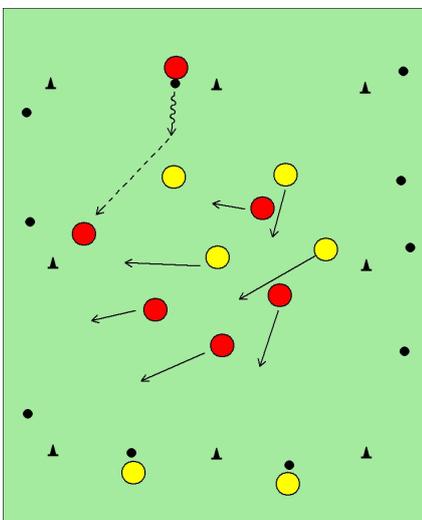
The yellow player must try and win possession of a red player's ball and kick it out of the playing area.



One of the red players had their ball kicked out of the playing area so they must now join the other red player in the middle.

It is now the yellow teams turn to try and cross over safely without losing a ball. The yellow players are allowed to pass to the spare yellow player in the middle to help keep possession.

That player can then dribble the ball over the end line to safety or pass back to the other player. It is all about getting as many balls to the other end as possible.



The teams keep trying to cross over in turn.

The red team now have only one player left with a ball. They must try and combine to get any player to safely dribble the ball over the opposite end line.

The winning team is the one who can keep at least one ball in play for the longest time or the most crossovers possible. Set a team record and try and beat it in another game.

Possible changes

Shuffle the teams after each game.

The player(s) who start with the ball must be the same one(s) to dribble across the line at the opposite end.