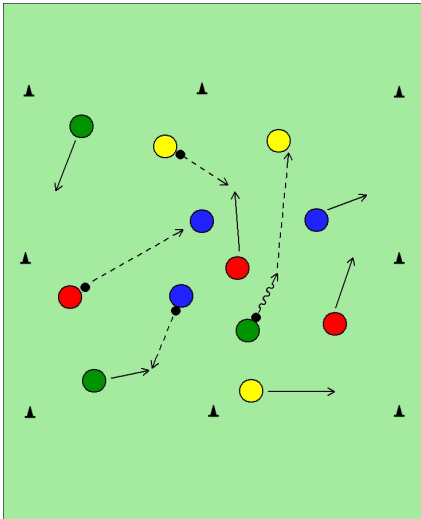




### Passing by colours



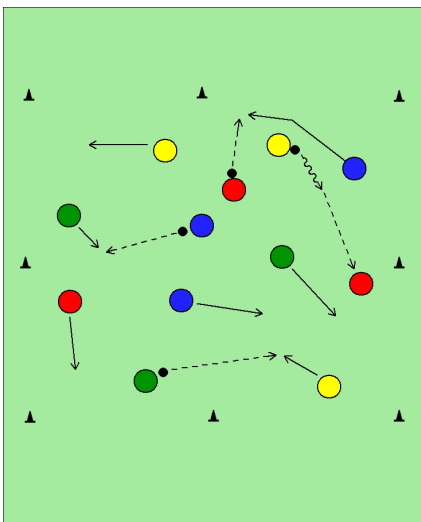
#### How it works

All the players are divided evenly into teams of different colours and they move around within the coned area.

The number of balls used will depend on how many players there are of each colour but in this example one player from each team starts with a ball.

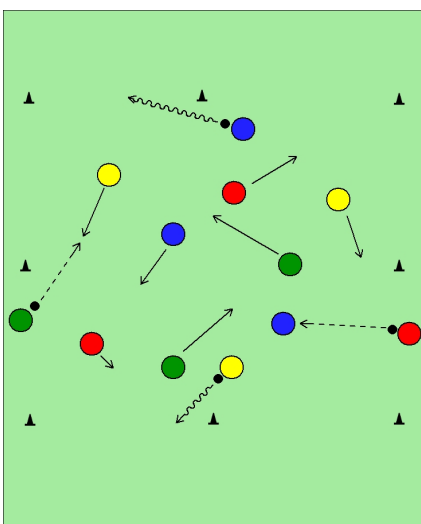
When play starts green players must pass to yellow players who then pass to red players.

Red players pass to blue players who then pass to green players and so on.



Passes continue in sequence with players making space to pass and receive.

Players need to be aware of their position in relation to others and communicate with each other to keep a fluency to the passing.



#### Possible changes

Start by throwing the ball in the same sequence to get players moving.

Add in extra balls.

Add in a defender or two to apply passive or active pressure.

Perform a turn or particular skill when receiving the ball.

Players must dribble to the edge of the playing area and then pass to a player of the next colour (as shown in the diagram).