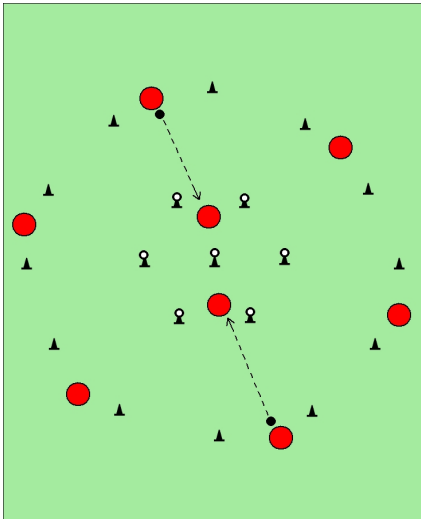




Polo passing

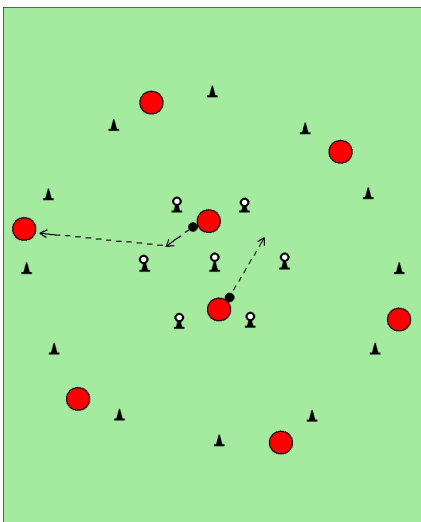


How it works

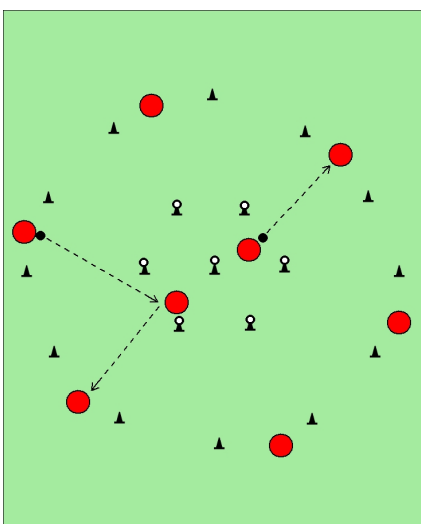
Players stand evenly spaced around the circle, two of them with a ball.

An inner circle of obstructions (tall cones or balls balanced on cones) is set out with two yellow players inside.

The red players must pass to a yellow player in the hole of the polo without knocking down any of the obstructions. They must control the ball and



The red players must control the ball inside the hole of the polo and then pass out to a different red player without knocking down any of the obstructions.



Challenge the players to continue this passing sequence as long as possible without knocking down any obstructions.

Change the two players in the middle and try to beat the number of passes or time passed before an obstruction is knocked down.

Possible changes

Any player on the outside who makes a mistake and knocks down an obstruction must change places with a player in the hole of the polo. Who is still on the outside, or never went inside, the polo at the end of 5 minutes?

Players could dribble in and pass out as in the Pinball drill.

Have two coloured teams with a ball each trying to beat each other to last the longest without a mistake.