



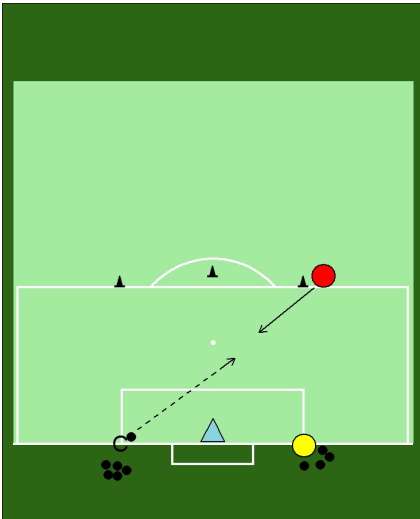
Penalty area - shooting

Perfect hatrick

How it works

The 'Perfect Hatrick' is only completed when a goal is scored with each foot and one with a header.

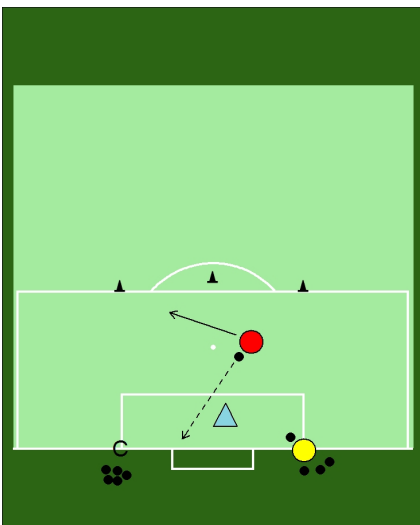
The red player makes a run into the penalty area to receive a pass from the coach.



The red player shoots for goal first time with no touch to control the ball.

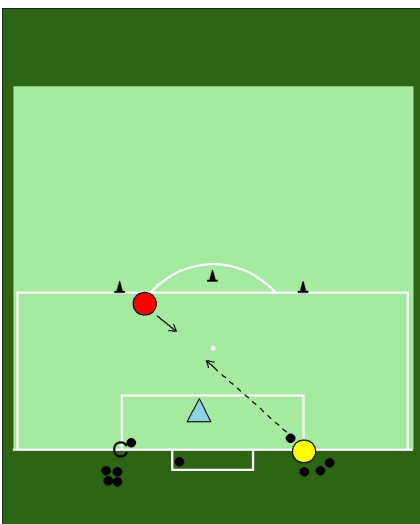
After hitting the shot, the red player must make a run to the cone at the other side of the penalty area.

The yellow player gets a ball ready to feed in for the next shot.



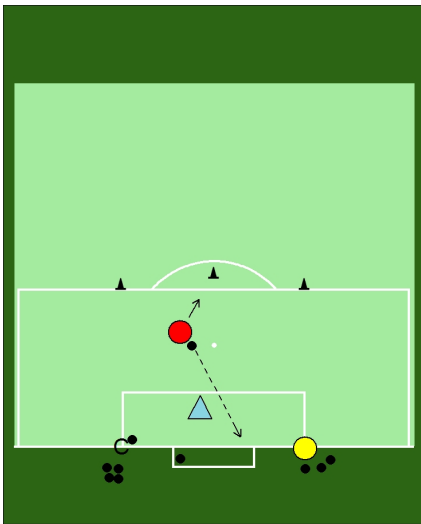
After touching the top of the cone the red player turns and makes another run back into the penalty area to receive a pass from the yellow player.

The coach gets a ball ready to feed in for the final header.



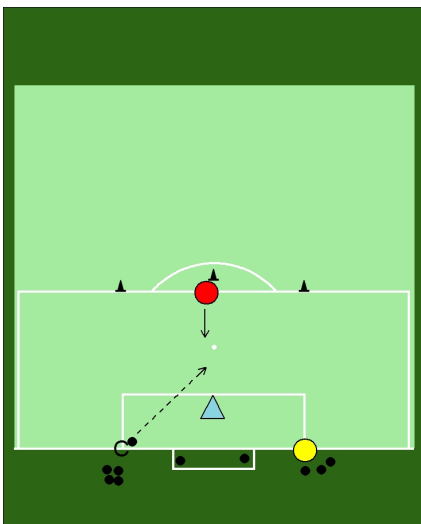


Penalty area - shooting

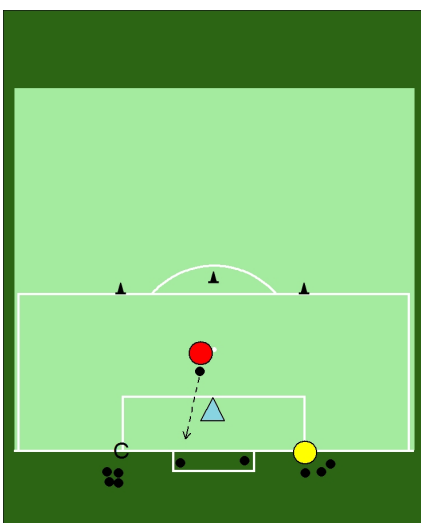


The red player shoots for goal first time with no touch to control the ball.

After hitting the shot, the red player must make a run to the cone in the middle of the penalty area D.



After touching the top of the cone the red player turns and makes another run back into the penalty area to receive a thrown feed from the coach.



The red player heads for goal first time with no touch to control the ball to complete the 'Perfect Hatrick.'

The red player then swaps with the yellow player to repeat the practise.

Possible changes

Include a passive defender to add pressure from behind the striker when attempting to score.

Include a feed in the air for the striker to volley into the goal.

Allow a controlling touch before each shot.