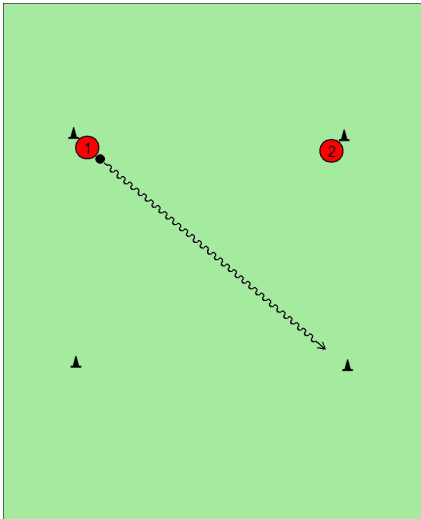


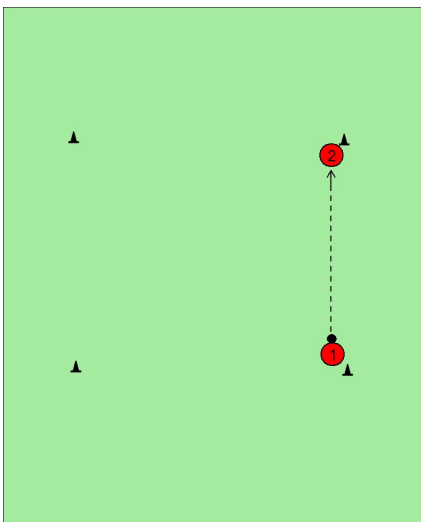


### Running diagonals

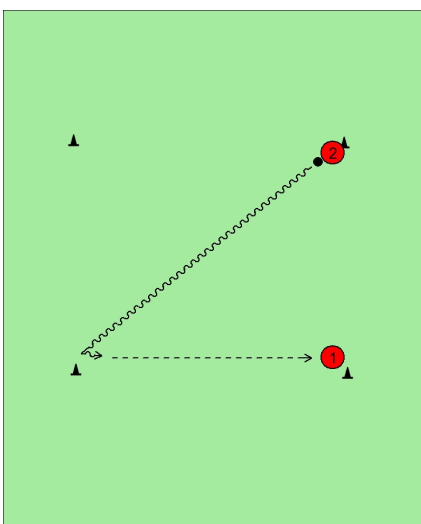


#### How it works

Player 1 dribbles with the ball diagonally across the grid.



Player 1 turns and passes to Player 2.



Player 2 dribbles with the ball diagonally across the grid and then turns at the cone to pass to Player 1.

The drill continues with this dribbling and passing sequence.

Challenge the players to keep this passing sequence going with no errors for 30 seconds/1 minute. Which group can keep going the longest without an error?

#### Possible changes

Reverse the direction of the drill so that Player 2 starts with the ball (see first diagram) and players turn in a different direction.

Two pairs of players can perform this drill in the same grid at the same time, starting at opposite ends.