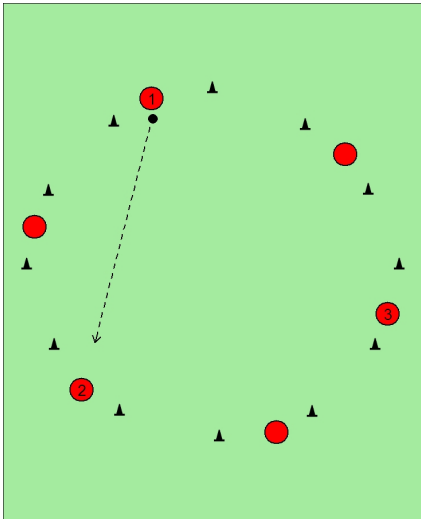




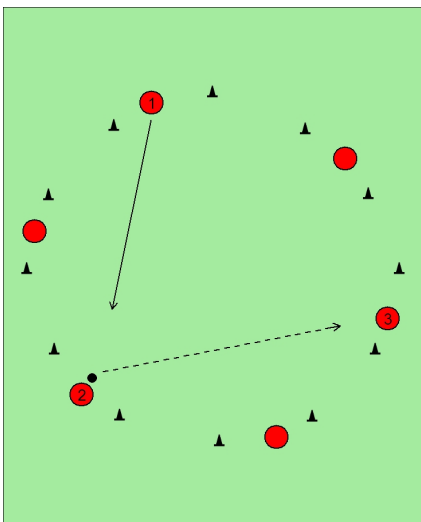
Pressure passing



How it works

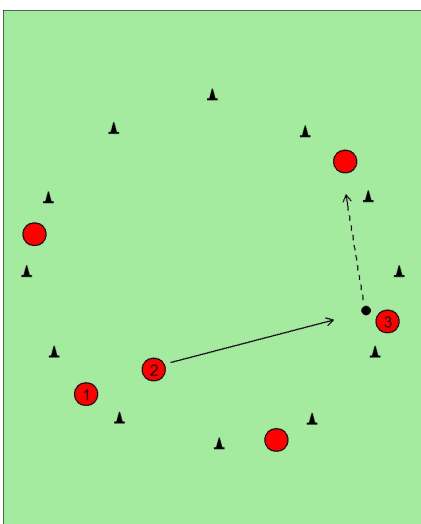
Players stand evenly spaced around the circle.

Player 1 starts by passing the ball to any other player in the circle, in this case Player 2.



Player 1 then follows the pass to put pressure onto Player 2.

Player 2 has to control and pass quickly to another player in the circle before Player 1 prevents the pass.



Player 2 then follows the pass to put pressure onto Player 3.

This time, Player 3 has to control and pass quickly to another player in the circle before Player 2 prevents the pass.

Player 1 takes the place of Player 2 in the circle to be available for another pass.

Possible changes

Play as passive pressure or players being fully committed to preventing the pass.

First touch passes only.