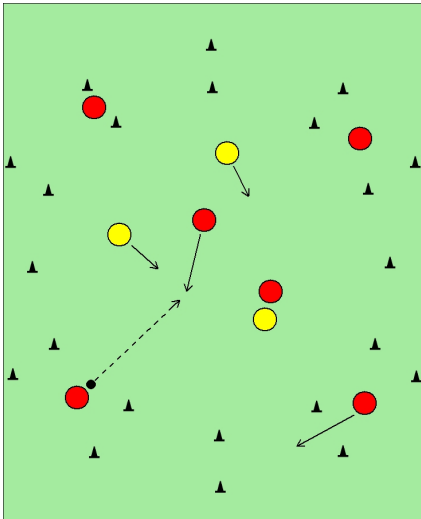




Possession wheel

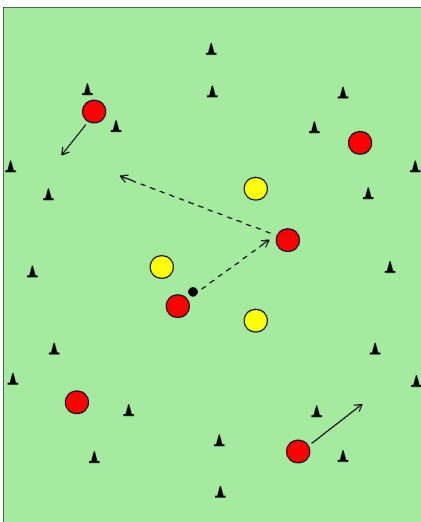


How it works

Four red players start within the space between the two circles and can move anywhere in that area.

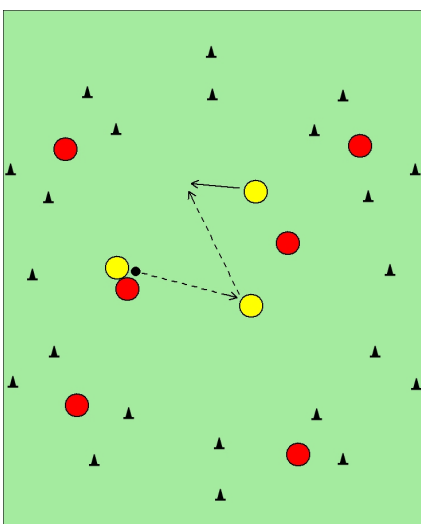
Two red players in the middle play against three yellow players.

One of the outer red players begins by passing to a red player in the middle.



The red team can pass between themselves in the middle or use the outer players.

Players keep a count of how many consecutive passes they can make?



The red players within the wheel (the space between the two circles) can pass across the circle to each other but not within the wheel itself.

If the yellow players intercept a pass or win possession through a tackle they can start their own pass count 3 v 2 against the red players.

Both teams compete to win and keep possession and try to beat previous best pass counts.

Change roles and play again.

Possible changes

Players within the wheel can only pass to one of their teammates in the middle and not to each other.

Balance players in the middle and in the wheel to suit the numbers and

ability of your group.