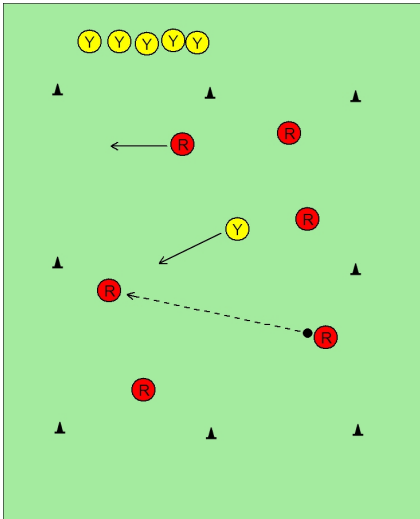




Large area - passing

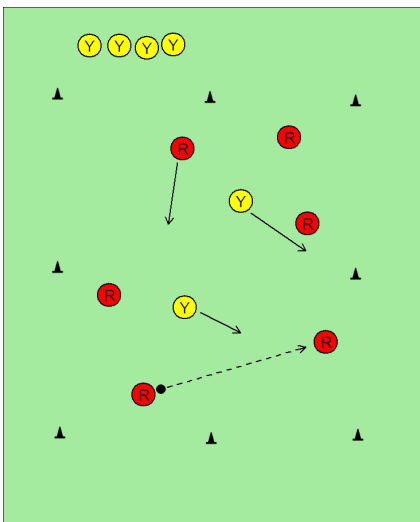
Possession challenge



How it works

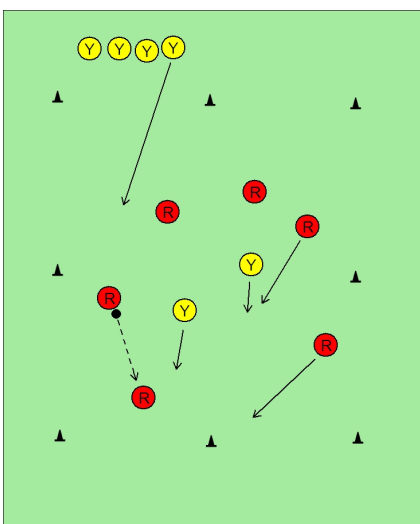
Divide the group into two equal teams.

The red team tries to keep possession of the ball for a set number of passes (5 - 10) or a set amount of time (20 -30 seconds).



If they succeed, a second player from the yellow team enters the playing area.

The pass or time count starts again to try and keep possession.



If the set number of passes are completed then another yellow player enters the playing area and so on.

If the yellow players intercept the ball (must have control of the ball to count) or the red team lose control of the ball outside the playing area, then the teams swap roles.

Teams compete against each other to keep possession of the ball for the greatest number of passes or amount of time. Swap the order that the defending players enter the playing area each time they play.

Possible changes

Allow three errors before the teams swap over. After each error, continue the pass count from where the mistake occurred.