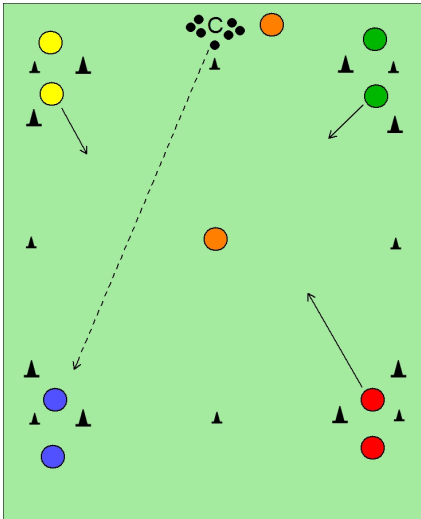




Surprise attack



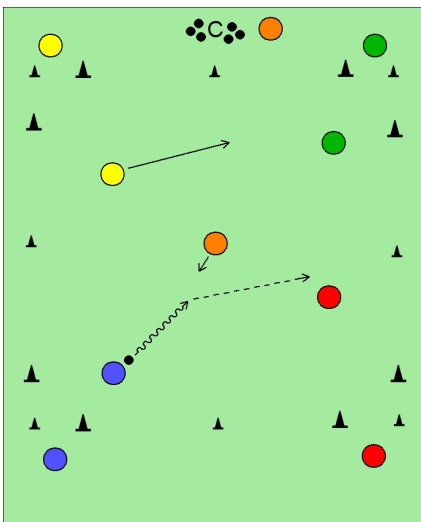
How it works

The coach calls out a colour and that player becomes the defender, being joined by the orange player in the centre of the square to defend that goal.

At the same time the coach passes a ball into any of the other three players and all of them become attackers to make a 3 v 2 game.

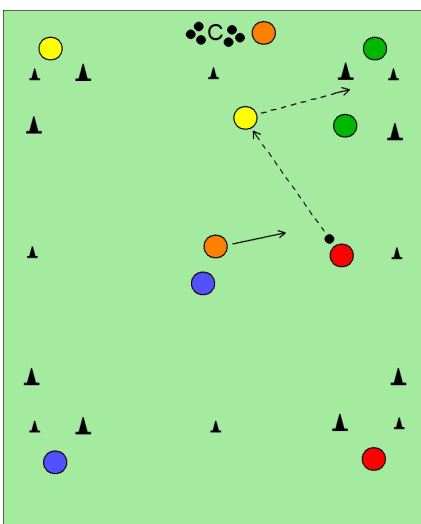
In this diagram the coach has called green and passed the ball to the blue player.

The orange and green player now have to defend that goal.



The blue player has dribbled forward with the ball and then passed to their fellow red attacker.

The other yellow attacker is moving into space to receive a pass.



The blue, red and yellow players have combined to create a scoring opportunity, but need to remember which goal they are attacking! If the defending players win possession of the ball, they can win the game by scoring in the diagonally opposite goal.

If the ball is kicked out of play, the coach can pass/throw in another ball to continue the game or call time. When the game is over the other players come into the goals and those who have just played stand out of the playing area. Swap the orange defenders after a few games.

Possible changes

Have all the players come into the playing area to make it 6 v 4.