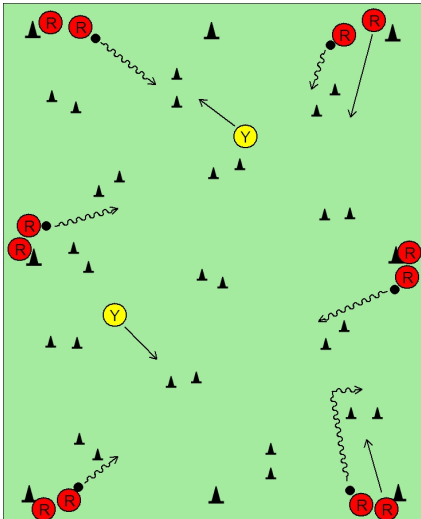




Guardians of the cones 2

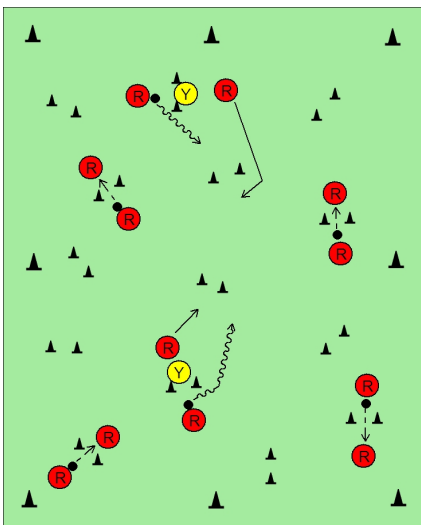


How it works

Players begin in pairs around the side of the playing area with a ball between them.

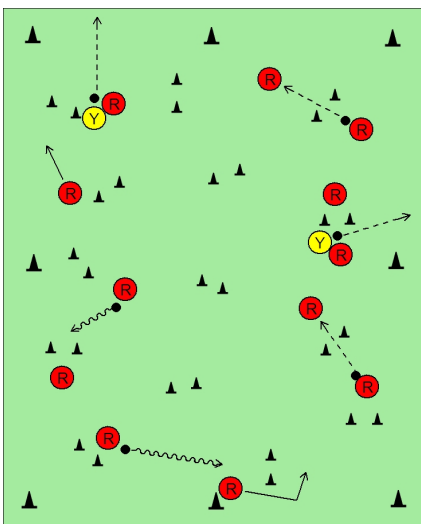
Get two of the players to wear a bib/pinny and be a 'Guardian of the Cones.'

On a signal from the coach, the pairs enter the playing area.



Red players just try to make one pass before moving to a different cone gate.

The Guardians of the Cones do not tackle but just move around stopping players getting through a gate, by standing between the cones, making them turn away to go through another gate.



Possible changes

Allow the Guardians of the Cones to tackle and kick the balls out of the area. Balls that are kicked out of the playing area can be retrieved and partners can continue to pass through the cone gates or that pair can be eliminated from the game.

How many cones can the red partners pass through altogether in 30 seconds/1 minute? (You will have to trust them to give a correct score as you add them up).

Choose two different Guardians of the Cones and see if they can stop the red players beating the previous total.