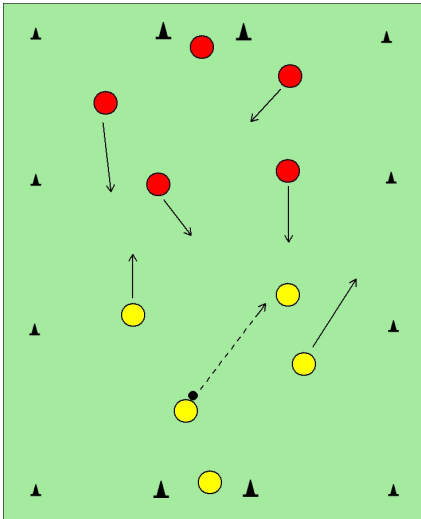




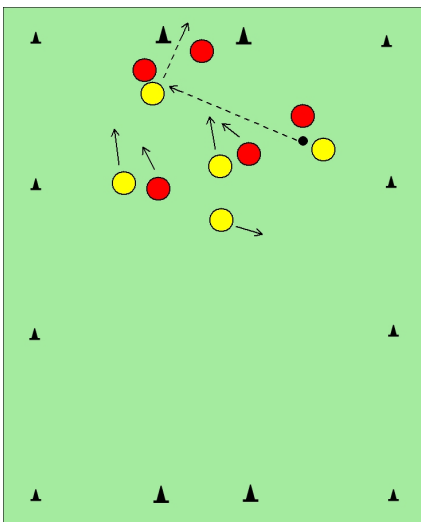
Lose a goal game



How it works

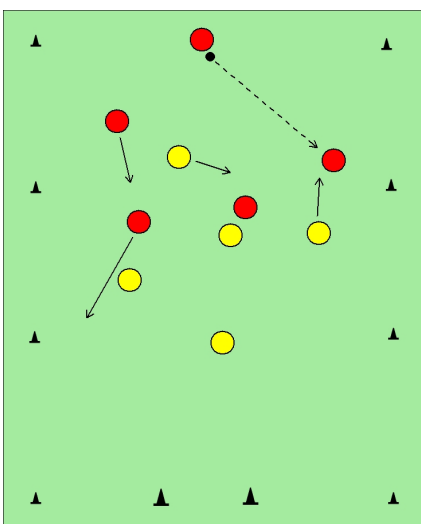
Red and yellow teams play a 5 v 5 game within the playing area.

Normal rules apply as the two teams try to score.



Play continues until a team scores a goal.

The ball is retrieved and play is restarted by the red team.



However, the goal is taken away so the yellow team no longer have a goal to score in. The red team continues to try and score a goal whilst the yellow team are only able to keep possession of the ball.

If the red team scores then that goal is lost and the one at the other end is restored so the yellow team can score again.

Possible changes

The goal can be put back after a period of 2/3 minutes of a team playing possession.

Instead of losing the goal entirely it could be made smaller so it is more difficult to score in. If the same team scores again within 2/3 minutes then the goal is made smaller again. If not then it could be restored to it's original size.

Play move the goal where the coach can quietly pick up the goal and move it along the end of the playing area to one side or another.